

St Ambrose Barlow RC High School



# ***ANAPHYLAXIS***

## *September 2024*

Person Responsible: Gareth Jones  
Ratified by Governors:  
Date of planned Review: September 2026



## LOVE

A place of love where **everyone is welcome and respected.**

A family of faith where **everybody matters;** where we are **unique together;** where we plant the seed that will one day **flourish.**

A **community with Christ** at the centre where the dignity of each person is celebrated so that they can **embrace excellence.**

**I AM RESPECTFUL**  
**I AM KIND**  
**I AM INSPIRING**



## LEARN

A place to learn that is **alive with inspiring experiences** and a curriculum rich in knowledge and wisdom.

A family of faith where together we **seek truth, celebrate endeavour and achievement.**

A community that **values curiosity and nurtures learning** into action in the service of others.

**I AM READY**  
**I AM CURIOUS**  
**I AM BRILLIANT**



## LEAD

A place to lead where young people grow to become men and women for others, **creative and courageous, ambitious** for the higher gifts.

A family of faith where we serve with **integrity, hope and determination.**

A community that values justice for the most vulnerable so that all may have **life to the full.**

**I AM CREATIVE**  
**I AM BRAVE**  
**I AM A PROBLEM SOLVER**

## **ANAPHYLAXIS POLICY**

The school recognises that allergic shock (anaphylaxis) is a serious condition that may affect a number of pupils at the school and recognises the responsibility it has in dealing with children's allergies appropriately.

- All pupils with anaphylaxis will have an Individual Health Care Plan
- All relevant staff will have an understanding of what it means to be allergic whether it be a reaction of the skin, airborne, contact, ingestion, or injection. They will be able to recognise and respond to a child who may be having an anaphylactic reaction including the administering of emergency adrenaline (epi-pen). Staff will receive regular training and updates by the school health team to ensure they have a clear understanding of what to do in the event of anaphylactic shock.
- The school will hold an epi-pen for those children who are prescribed it and also other anti histamine medicines in either tablet or syrup form to respond to more minor reactions.
- All medications will be labelled and stored appropriately in the school office. Each child will carry an epi-pen in their school bag.
- Relevant staff will be informed of those children who have this condition. A folder containing all necessary information on each individual will be given to Heads of Department and Pupil Progress Co-ordinator each year.
- The catering department will be made aware of children who have allergies
- The school will work in partnership with all parties to ensure the policy is implemented.

### ***Allergic Reaction***

An allergy is a hypersensitive reaction to intrinsically harmless antigens (substances) usually proteins which causes the formation of an antibody which specifically reacts with it. In susceptible individuals the reaction may develop within seconds or minutes of contact with the trigger factor. The exposure may result in a severe allergic reaction that can be life threatening.

In an anaphylactic reaction chemicals are released into the blood stream that widen the blood vessels and narrow the air passages. Blood pressure falls and breathing becomes impaired. The throat and tongue can swell thus increasing the risk of hypoxia (lack of oxygen in the blood).

### ***Triggers***

- Skin or airborne contact with particular materials
- Injection of a specific drug
- Insect bit
- Ingestion of certain foods e.g. nuts, fish and dairy products

## ***Recognition***

- Anxiety
- Widespread blotchy skin
- Swelling of the tongue and throat
- Puffiness around the eyes
- Impaired breathing

## ***Serious Symptoms***

- Cold clammy skin
- Blue-grey tinge around lips
- Weakness/dizziness
- Rapid shallow breathing

## ***Progress Further***

- Restlessness
- Aggressiveness
- Gasping for air
- Unconsciousness

## ***Treatment***

- Call or send for first aider who has completed anaphylaxis training
- Ask member of staff to obtain pupil's emergency bag from school office
- Administer antihistamine tablet/syrup as prescribed (if wheezy blue inhaler if prescribed)
- When a pupil recovers allow time to rest and contact parents
- If serious symptoms appears call **999**, request an ambulance and administer **adrenaline via the epi-pen immediately if prescribed**
- Stay with pupil, note the time epi-pen was given and reassure pupil
- Give as much detail to the ambulance crew on arrival regarding the allergic reaction what medicine you have given

Give used epi-pen and care plan to ambulance



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#IAMONBOARD